



Certificate of Analysis

COMPANY: MUSCLE ELEMENTS
 PRODUCT: THE TRUTH
 FLAVOR: CHOCOLATE
 LOT NUMBER: 1612C01
 DATE OF MANUFACTURE: 10/14
 DATE OF EXPIRATION: 10/16
 DESCRIPTION: NUTRITIONAL
 PACKAGING: 4 pouches @ 1056g each
 The above product is formulated by Manufacturer to meet the following nutritional requirements per serving:
Powder As Is:

SERVING SIZE: 44 grams
CALORIES: 160
TOTAL CARBOHYDRATES: 19g

<u>Microbiology</u>	<u>Method</u>	<u>Specification</u>	<u>Results:</u>	
Standard Plate Count:	FDA-BAM 8th ed.	<50,000 CFU/g	40	CFU/g
Yeast and Mold:	AOAC 995.21 (Iso-Grid)	<1000 MPN/g	<10	MPN/g
E. Coli:	FDA-BAM	Negative, <3 MPN/g	Negative, <3	MPN/g
Salmonella:	AOAC 2004.03 (VIDAS ELFA)	Negative	Negative	
Staphylococcus Aureus:	FDA-BAM 8th ed.	Negative, <10 CFU/g	Negative, <10	CFU/g
Coliforms	FDA-BAM 8th ed.	<10 CFU/g	<10	CFU/g
<u>Analytical</u>	<u>Method</u>	<u>Specification</u>	<u>Results:</u>	
Protein	VEM 005-0	21-28g	25.2	g

It is certified that the above is a true representation of the typical analysis of this product. The product will be free of harmful pathogens prior to release for consumption.