



## Certificate of Analysis

COMPANY: MUSCLE ELEMENTS  
PRODUCT: THE TRUTH  
FLAVOR: CHOCOLATE  
LOT NUMBER: 1612C03  
DATE OF MANUFACTURE: 04/15  
DATE OF EXPIRATION: 04/17  
DESCRIPTION: NUTRITIONAL  
PACKAGING: 4 pouches @ 1056g each  
The above product is formulated by Manufacturer to meet the following nutritional requirements per serving:  
**Powder As Is:**

SERVING SIZE: 44 grams  
CALORIES: 160  
TOTAL CARBOHYDRATES: 19g

<u>Microbiology</u>	<u>Method</u>	<u>Specification</u>	<u>Results:</u>	
Standard Plate Count:	FDA-BAM 8th ed.	<50,000 CFU/g	400	CFU/g
Yeast and Mold:	AOAC 995.21 (Iso-G)®	<1000 MPN/g	<10	MPN/g
E. Coli:	FDA-BAM	Negative, <3 MPN/g	Negative, <3	MPN/g
Salmonella:	AOAC 2004.03 (VIDAS ELFA)	Negative	Negative	
Staphylococcus Aureus:	FDA-BAM 8th ed.	Negative, <10 CFU/g	Negative, <10	CFU/g
Coliforms	FDA-BAM 8th ed.	<10 CFU/g	<10	CFU/g
<u>Analytical</u>	<u>Method</u>	<u>Specification</u>	<u>Results:</u>	
Protein	VEM 005-0	21-28g	24.5	g

It is certified that the above is a true representation of the typical analysis of this product. The product will be free of harmful pathogens prior to release for consumption.

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