



Certificate of Analysis

COMPANY: MUSCLE ELEMENTS
PRODUCT: THE TRUTH
FLAVOR: VANILLA
LOT NUMBER: 1612V03
DATE OF MANUFACTURE: 04/15
DATE OF EXPIRATION: 04/17
DESCRIPTION: NUTRITIONAL
PACKAGING: 4 pouches @ 1056g each
The above product is formulated by Manufacturer to meet the following nutritional requirements per serving:
Powder As Is:

SERVING SIZE: 44 grams
CALORIES: 150g
TOTAL CARBOHYDRATES: 8g

Microbiology	Method	Specification	Results:	
Standard Plate Count:	FDA-BAM 8th ed.	<50,000 CFU/g	100	CFU/g
Yeast and Mold:	AOAC 995.21 (Iso-Grid)	<1000 MPN/g	<10	MPN/g
E. Coli:	FDA-BAM	Negative, <3 MPN/g	Negative, <3	MPN/g
Salmonella:	AOAC 2004.03 (VIDAS ELFA)	Negative	Negative	
Staphylococcus Aureus:	FDA-BAM 8th ed.	Negative, <10 CFU/g	Negative, <10	CFU/g
Coliforms	FDA-BAM 8th ed.	<10 CFU/g	<10	CFU/g
Analytical	Method	Specification	Results:	
Protein	VEM 005-0	21-28g	24.6	g

It is certified that the above is a true representation of the typical analysis of this product. The product will be free of harmful pathogens prior to release for consumption.

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